

Attract Abundance by Edgar Cayce

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I feel abundance in and around me ... it is here and it is now ... I welcome this abundance with joy with delight ... in my creative imagination I see an economic healing ... it seems a miracle ... I am blessed with abundance ...

I have opened an inner door and stepped in to the sunlight of abundance and all of its manifestations ... and I say thank you for this great and wondrous gift ... for I know that it comes not from me but through me ... and with this new abundance I can grow and serve ... that I may be a channel of blessings to others ... abundance is an expression of love ...

I am tuned into the aura of abundance that surrounds me ... like the electromagnetic field of a magnet which extends far beyond the magnet itself ... so it is with my energy field ... who reaching out far beyond the physical need ... and as a magnet it draws abundance to me ... it attracts and draws me to abundance ...

To attract abundance ... I now act and think as one who now already has abundance ... I smile often and easily ... I enjoy taking time for the little things and the quiet things in life ... I walk tall and proud and perhaps just a little faster now ... I have many new exciting habits reflecting this abundance ...

To attract abundance ... I take good care of my physical appearance ... but I take even better care to balance my inner appearance ... I am aware now to choose my spoken words carefully ... but I am even more considerate of my unspoken words ... I use positive cheerful words easily and often ... for they reflect the positive, profound, cheerful feelings, deep inside of me...

To attract abundance ... I praise others for the good that they do ... I complement others honestly and sincerely ... I thank others lavishly ... I complement and thank myself as well ... and welcome this new me ... I like listening attentively to others ... and they enjoy listening to me ...

To attract abundance ... I find meaning and enjoyment in the work that I do ... in my activities and in my service to others ... Work is love and action ... so I actively do more and contribute more than I am paid for ... My creative work is a pleasure and a fulfillment ... but if my present job is a void of creativity and promise ... then I can analyze the alternatives ... and take the steps necessary for a rewarding, new career ... in what ever field I choose ...

To attract abundance ... I carefully make lists of my goals, my ideals and my plans ... and especially my plan of action ... I write out in detail what I will accomplish ... how I will accomplish it ... and when I will accomplish it ... I make realistic short-range goals ... and I make reasonable long-range goals ... and then I simply go out and do it ... and I often believe that I am far ahead of my goals ...

To attract abundance I make friends and associate with positive, creative and active people ... for I realize that I am always influenced by the people around me ... and with me ... So it is vital then I choose wisely those with whom I worked and play ... live and love ... and continue to grow ... Positive, happy people encourage me and inspire me ... as I encourage and inspire them ...

To attract abundance ... I clean out all excess clutter in my life ... I phase out all trash ... I giveaway my neglected things ... that others may use them ... I make room for the many, many blessings coming my way ... I joyfully bestow my blessings ... by sharing my excess abundance with others ... and as the useless and the

unwanted depart ... I experience the freedom and the lightness of an unburdened life ... What then comes in to fill the void spaces ... is a joy and a delight ...

To attract abundance ... I allow myself to laugh often ... and to laugh loudly ... My sense of humor has expanded into a habit of laughter ... With happiness and laughter I attract new friends ... positive people who laugh and enjoy life with me ... With joy and laughter I improve my health and my appearance ... I laugh... and the world laughs with me ... I make people laugh each and every day ... for laughter is like an internal massage ...

To attract abundance ...I open my doors wide when opportunities knock ... and I welcome them with open arms ... My life now is exciting and active and many, many blessings come to my door ... If nothing succeeds like success, then nothing is more abundant than abundance ...

I open the door to the joyful discussion of abundance ...

I open the door to my actions and thoughts of abundance ...

I open the door to my caring for my outer and my inner appearance ...

I open the door to praising others and praising myself ...

I open the door to new joy in my creative work ...

I open the door to listing my goals, my ideals and my planes for action ...

I open the door to expanding my world of friends ...

I open the door to releasing the excesses in my life ...

I open the door to joy and to laughter ...

I open the door to the new me...today ... now ...and it is so...

In my creative imagination I can see a clear sharp image of myself attracting abundance ... I take time to review my ideals and my goals ... I hear friends congratulating me on my successes ... I can visualize as well as feel a total enrichment has already been accomplished ... and now I realize the great secret of abundance ... Abundance is not an end in itself, but a growing process ... the result of my creative work and my efforts ... I have learned from the past ... I make plans for the future ... but I live in the eternal now ... I already have abundance ... and by the joyful welcoming and sharing of abundance with others ...

I increase my abundance a hundred fold ...

Your conscious mind may not remember all that you have accomplished here today ... but your subconscious mind always remembers ... It is already acting upon the suggestions ... and these visualized images in a positive manner ... benefit ... success ... can come anytime ... It can come back with you now ... or you can experience it in due time ... and in a little while when you return ... you'll feel just wonderful ... but before you come back here ... be aware that you can drift back, clearheaded ... that you'll be wide awake, refreshed, and very, very happy.